



2018 Annual Report



The Facts:

- 1 in 59 children has a diagnosis of Autism Spectrum Disorder.
- Early Intensive Behavioral Intervention (EIBI) can help many children with ASD live full and independent lives.
- EIBI can cost families \$60,000 to \$100,000+ per child, per year.
- While Minnesota has some of the highestquality professionals serving kids with ASD, we need thousands more people in the workforce to meet the demand.

our Mission

Our mission at the Autism Recovery Foundation is to raise money to provide an opportunity for families with young children who have autism to receive early intervention behavior therapy that they might have otherwise not had access to.

We believe any child who has the ability to recover from autism should have the opportunity and tools to do so. We believe every child should have a bright future to look forward to.

TO OUR SUPPORTERS & FRIENDS

We are grateful.

Since our inception we have had the privilege of awarding over \$50,000 in scholarships to qualified individuals who pursue their education and choose to study for their Board Certified Behavior Analyst (BCBA) Degree. These individuals are part of a workforce of behavior analysts that chose to work with children with autism and their families through early intervention and treatment.

Why is this important?

First and foremost the rate of autism diagnoses and the need for autism services has risen dramatically. According to the CDC 1 in 59 children has been identified with autism spectrum disorders. A recent study by the University of Minnesota as part of a national CDC study found that the rate of autism in Minnesota is 1 in 42 children. When our son was diagnosed in the mid 1990's he was the 1 in 10,000. An astonishing increase and now the most prevalent childhood disability.

Today in Minnesota there are thousands of children who meet the criteria for Autism Spectrum Disorders. The workforce shortage of qualified individuals to work with children with ASD is massive. This workforce shortage is a direct result of the unexpected rapid rise of this diagnosis. I would venture to say one would not need to go very far outside your own community of friends, family, co-workers, or neighbors to discover a child who is on the ASD Spectrum.

Our mission is to provide an opportunity for any child who has been diagnosed with ASD an option to receive early intervention therapy services.

We cannot do this alone.

This will require not just the Autism Recovery Foundation but a combined effort by many to work to address our inadequate public policy response to this inequity. In addition to the scholarship program we recently began a program of awarding canteen grants to families whose children are in early intensive behavior therapy programs. These grants assist in the costs associated with their therapy materials and equipment. The costs associated with early intervention treatment averages \$40,000 to \$60,000 per child per year.

We humbly **Thank You**, our sponsors, donors, and advocates who help us continue on with this important work. Please know the work to improve the lives of those with autism directly impacts not just those families but the lives of us all.

Gratefully,

Tamara Meyer

2018 Board Chair Autism Recovery Foundation



January 2018

- ARF gratefully thanked outgoing board chairperson Randall Bachman for his generous service on our board of directors since 2008. ARF board welcomed incoming chairperson Tamara Meyer. Tammy is a parent, advocate, and long-time supporter of the autism community in Minnesota.
- ARF distributed 5 scholarships to BCBA students for the Spring 2018 semester. To date, ARF has distributed more than \$50,000 in scholarships to build the autism workforce.
- The board of directors welcomed new board member Jay O'Neill. Jay currently serves as the President of Behavioral Dimensions, Inc. an ABA service provider.

April 2018

In honor of April's Autism Awareness month, ARF hosted a new fundraising event "Pints for A Purpose" in partnership with Tin Whiskers Brewing Company in St. Paul, Minnesota.

May 2018

The board of directors welcomed new board member Samantha Shand. Sammy is a Technical Account Manager with Minneapolis-based BerganKDV.

August 2018

• ARF returned to Target Field to host "ARF at the Ballpark." Friends and supporters shared an afternoon of baseball and fun with the Minnesota Twins.

November 2018

- Our 4th annual "Autism Heroes" event was held on November 3, 2018. ARF welcomed Minnesota-native and Superbowl champion recording artist Ben Utecht to provide entertainment at our event. Long-time disability advocate and Minnesota attorney Anne Henry was honored as the 2018 Autism Hero of the Year. The event raised \$16,000 for Minnesota families.

AUTISM RECOVERY FOUNDATION

A GIAN

• ARF awarded its final Canteen Grants of the year in November. In total, ARF awarded more than \$4,500 in grants to help families pay for therapy materials, curriculums, camps and other expenses related to providing treatment for their children.

OUR 2018 Impact

BUILDING THE WORKFORCE

Since 2014, Autism Recovery Foundation has given away **more than \$55,000 in scholarships** to graduate students in the field of Applied Behavior Analysis.

OF THE 41 STUDENTS WE'VE SUPPORTED SO FAR:



work with children with autism or individuals with developmental disabilities.

16

are currently finishing graduate programs.

21

have become Board Certified Behavior Analysts.

CONGRATULATIONS TO OUR 2018 BCBA SCHOLARSHIP RECIPIENTS

JILLIAN BANTAU KAYLEIGH BELL STEPHEN BRINSKO ANGELA BROWN STEFFANI FALARDEAUX JESSICA GORDON JENNIFER HAGAN KELSEY LOEFFLER VICTORIA OLIVERSEN NICOLE ROGERS KATE SCHROEDER ALISON STARK KELSEY STRACHAN

OUR 2018 Impact

CANTEEN GRANT PROGRAM

"Like a canteen of cool fresh water to a soldier on the front lines of battle, the Canteen Grant is a small fund to help support and refresh those on the front lines of the battle against autism."

It is unusual for any single source of funding to be able to cover all the costs involved with intensive early intervention behavior therapy. While treatments are covered in various amounts through private insurance and/or government programs such as Medical Assistance, typically families are left with a significant burden. Some have had to dip into retirement savings or put a second mortgage on their homes. Even with good insurance coverage, there are still things that are needed, such as equipment and supplies that are not covered. While a Canteen Grant will not alleviate this entire burden, even a small amount will help tide the family over in their ongoing struggle with autism.

In 2018, Autism Recovery Foundation distributed an additional \$5,230 to families in the form of Canteen Grants.

11 children and their families received a grant for up to \$500 to pay for the necessary pieces of therapy.

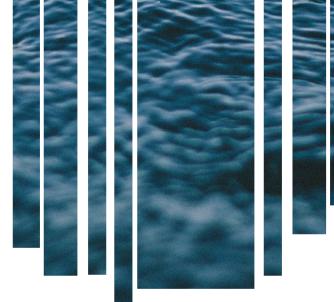
Canteen Grants cover expenses like:

- THERAPY MATERIALS
- TRANSPORTATION COSTS
- COMMUNICATION TOOLS
- GPS TRACKING DEVICES
- SUMMER CAMP TUITION
- RESPITE CARE
- SOCIAL SKILLS GROUPS AND MORE.

SINCE 2016

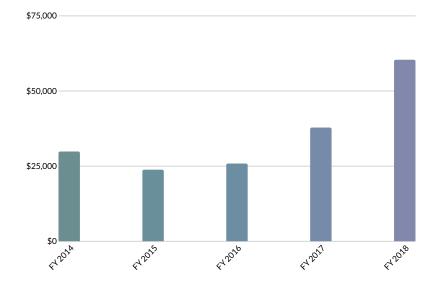
\$9,680

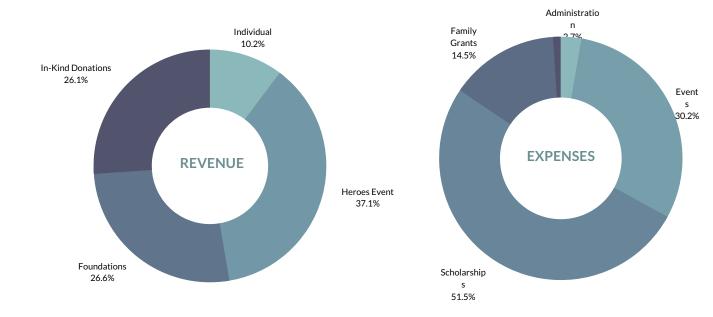
IN GRANTS TO FAMILIES





2018 YEAR END ASSETS





FINANCIALS

REVENUE

TOTAL REVENUE

\$67,753.49

EXPENSES

Scholarships Canteen Family Grants Administration Memberships, Conferences Event Expenses

TOTAL EXPENSES

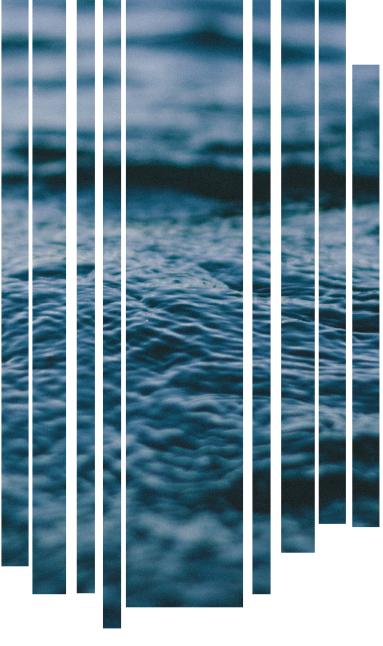
\$15,000.00 \$4,730.00 \$793.90 \$300.00 \$8813.42

\$29,137.32

A full copy of the financial statements of Autism Recovery Foundation are submitted per the IRS 990 reporting requirements and available on our website.







2018 Supporters

The Autism Recovery Foundation thanks all of our donors, sponsors, and volunteers for their support of our mission.

\$18,000

Rick and Amy Steinhauser Family Foundation

\$17,679

The Lovaas Institute Midwest

\$3,000 to \$5000

State Farm Companies Foundation

\$1001 to \$2999

Anonymous Behavioral Dimensions, Inc. Chris Olson & Anna Theisen-Olson Jeff Meyer State Farm Insurance Mulligan & Bjornnes Attorneys at Law Network for Good Saint Cloud State University Tim Meyer State Farm Insurance Trucker's Inn, Sauk Centre - Ann & Todd Anliker University of Minnesota RTC Vibrant Technologies

\$501 to \$1000

C.A.D.E Foundation Jeff Fox Jeff and Tamara Meyer Mary Sue Weir

2018 SUPPORTERS

\$251 to \$500

Trina Arntsen & Jim Young Randall & Klare Bachman Kara Mensink Greg Meyer State Farm Insurance Jaci Meyer State Farm Insurance Mike & Sarah Meyer John & Ann Mulligan Jay O'Neill Greg & Amy Sippl Tin Whiskers Brewing Company Tony Farah Realty

up to \$250

Amazon Smile Foundation Barbara Alexander **Brooke Anderson Stacey Anliker** Peter Beck Madeline Bell **Timothy Bell** Linda Bergerson **Nicole Berning** Tis Best **Rebecca Carroll** Tiffany Daniel Linda DeLude Mary Ann Dorsher Scott & Arlene Duchan Steve DuMond Jim & Joy Erickson Kayla Fort Ashwak Hassan Iman Hassan Anne Henry **Edward Hennen** Jacki Hartl

up to \$250

Patricia Hatch Susan Hoyt Deegaifrah Hussein M.J. Jackson Barbara Johnson Mary Johnson Lori Kraus Lisa Kubiak **Eric Larsson** Don Lorr Cathy Peters The Lazarus Project Ava Lutz Tim & Brit Moore Joan Myer Kathleen O'Neill Gail Peterson Alan Schenkelberg **Dixie Serrio Kimberly Schulze Robert Schroeder** Peter Thompson Joseph Timmons Tot Boss

Find out how you can join this list of supporters and friends at our website: www.autismrecoveryfoundation.org







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